SAN YSIDRO HEALTH

Welcome to your Panel: Voces Unidas, una Vision Binacional

HIV AWARENESS: BACK TO BASICS

Brenda Huerta (she/ella)
San Ysidro Health | Director of Specialty Services Operations
Border Health Consortium of the Californias | HIV Workgroup co-chair

Friday, October 16, 2026

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Tijuana/San Diego Border 2005



“From an epidemiological perspective, the border population must be considered as one, rather than different populations on two sides of a border; pathogens do not recognize the geopolitical boundaries established by human beings”

(Weinberg M., et al. 2003)

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San Ysidro Health
Humble Beginnings

- Founded 1969 - 57 years
- Local Women's Organization
  - Founding Mothers
- Grant in partnership with
  - The Medical Society of SD and UCSD
- Casita – First Clinic Site

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San Ysidro Health Today

- Federally Qualified Health Center (FQHC)
- Comprehensive primary care, specialty services, and support programs
- More than 160,000 registered patients
- 50 health centers and program sites serving the South, Central, Southeast and Eastern regions of San Diego County
- Predominately Latino
- High rates of poverty, uninsured & Medi-cal eligible, non-English speaking heads of households

The mission of San Ysidro Health is to improve the health and well-being of the communities we serve with access for all

HIV Basics

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Human Immunodeficiency Virus	HIV	AIDS	Acquired Immuno-Deficiency Syndrome
Unprotected Sex Sharing Needles Mother-to-Child	HIV Transmission	Prevention Methods	Barriers such as Condoms Using clean needles Treatment, PrEP, PEP
Rapid Test At-home kits Blood Antigen Test	Testing	Treatment	Antiretroviral Meds Long-Acting Injectables

U = U

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Undetectable

=

Untransmittable

People living with HIV who maintain an undetectable viral load

have zero risk of transmitting HIV



Specialty Care and Support Services

For HIV treatment and prevention, Hepatitis C, Tuberculosis/LTBI,
Sexual Health, Gender-affirming care

- Comprehensive Specialty and Primary Care
- Injectable Treatment and Prevention
- PrEP & PEP clinic
- Gender-affirming care, including hormone treatment
- Benefits Enrollment
- Case Management
- Behavioral Health Services
- Substance Use Counseling
- Mobile Clinic

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Gems Health Clinic

LGBTQ Health Services in South Bay



LGBTQ Health Services available by appointment

WALK-INS WELCOME!

Open every Thursday from 12:00pm-7:30pm

Medi-Cal, Medicare, Sliding Fee Program, and Private Insurance Accepted.



Services Offered

- LGBTQ-Focused Primary Care
- Hormone Replacement Therapy
- Sexual Health Services
- STD Testing
- Contraception
- HIV Testing and Prevention Including PrEP
- Linkage to Psychiatric and Psychological Services

678 3rd Ave., Chula Vista
(619) 941-2479

For more info, please visit
www.casasouthbay.com

Learn More!

Regardless of your ability to pay, San Ysidro Health will work hard to meet your medical needs!

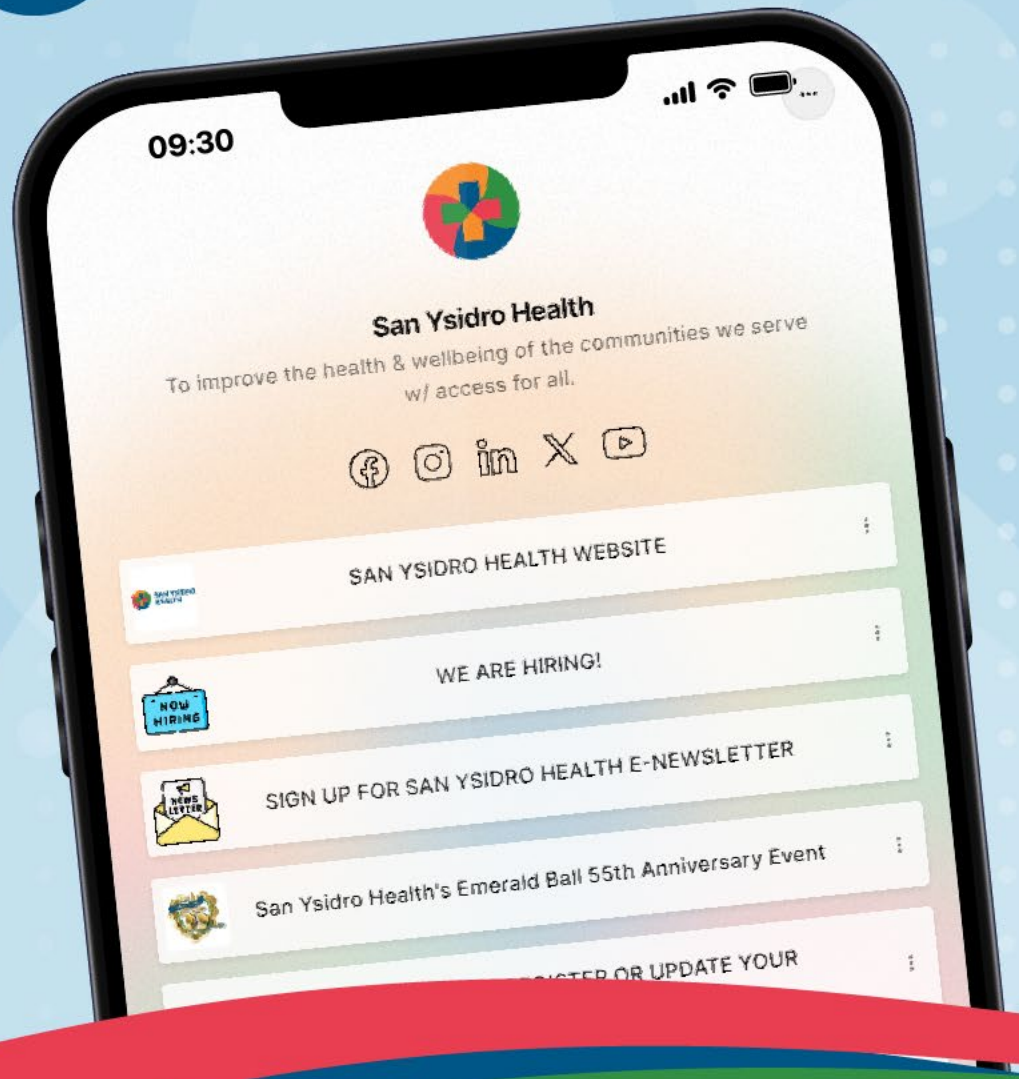
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THANK YOU!

